



One House At A Time News

July 2005

Issue 1

Beds for Kids Helps with More Than Just a Better Night's Sleep

Children who get plenty of Z's tend to get more A's and B's. It goes without saying that a good night's sleep is critical to a child's health and ability to learn in school. But for those families without the basic needs of life, such as a bed to sleep in, getting adequate sleep may be hard to achieve when a sofa or a floor serves as a makeshift bed, or two or three children are crammed into a bed meant for one. In an effort to close the gap on this unmet need, One House At A Time (OHAAT) developed its **Beds for Kids** program



Volunteers Al Schumacher (left) and Fred Renigar (right) load the OHAAT truck with box springs and mattresses purchased for the **Beds for Kids** program. Currently, there are 75 kids on our waiting list.

which provided 275 children a bed of their own in 2003 and 2004. Our goal for 2005 is 150 beds, and thanks to donations so far this year, we are half way there! As more referrals continue to pour in, the program's waiting list continues to grow. Unlike our core program which is based on furniture and household donations, **Beds for Kids** is dependent on financial contributions. It costs \$100 to purchase and deliver a mattress and a box spring. But who can put a price on sound sleep, improved health and better grades in school? Yes, something as simple as a bed can truly make a difference in the life of a child.

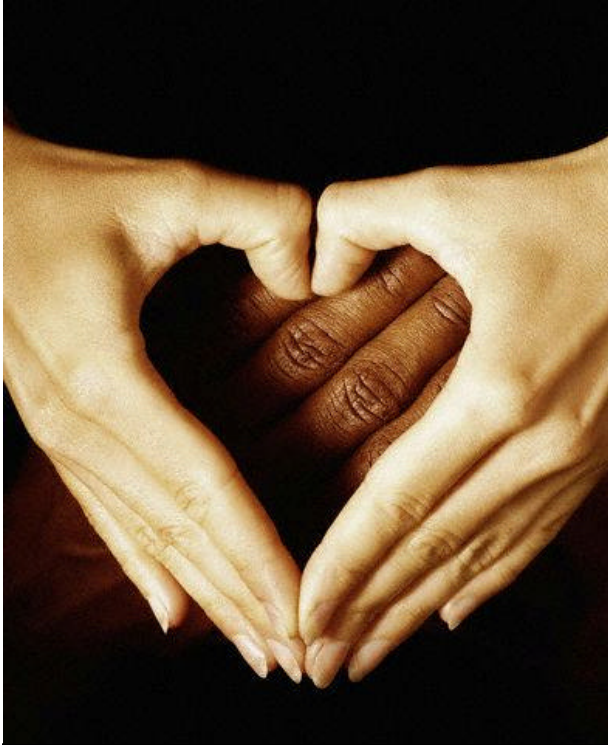
Our Mission:

To provide household furnishings to families without the basic necessities of life.

(over)

Making a Difference One Family at a Time

No Words Are Necessary, but Here Are a Few...



"Words can't express the gratefulness I feel for all that One House At A Time has done for me and my family. I thought my life was over and that we would never have the proper living needs in our home. If everybody cared like the people at One House do, this world would be a better place for the less fortunate who face life struggles. Next month, I will be a high school graduate at the age of 37. And if everything works out well, I will have a full-time job and be free from welfare. Thank you once again and God Bless."

~Levette H.

The Volunteer Experience

One House At A Time celebrates its 6th year of service to the community this year, thanks to volunteers like Fred Renigar and Al Schumacher. Since the beginning, they have been making deliveries and pick-ups about once a week. Fred will tell you their team effort is mutually enjoyed, plus he gets a big return knowing he is being of service to such a worthwhile cause. Seeing the families first-hand and the transformation of One House over the years, Fred says: "There is an unquenchable thirst for people who have this need. And there is always more that we can do."

How Can You Help One House At A Time?

- Make a financial contribution directly to One House At A Time or via United Way Donor #14144.
- Make an indirect contribution by enrolling with eScrip (www.escrip.com) and designate One House At A Time (#15560069) as the group ID. A percentage of your purchases at Genuardi's, Pep Boys, Eddie Bauer and numerous other retailers will automatically be sent to us.
- Donate "gently used" furniture and household items. Call Wendy at (215) 646-7812 to schedule a pick-up today.
- Volunteer to make furniture pick-ups or deliveries (< 3 hours per trip). Drivers and lifters are always needed!
- Organize fundraisers, such as a car wash or yard sale, to help raise money.
- Spread the word about One House At A Time to your family, friends and colleagues!

One House At A Time • 411 Susquehanna Road • Ambler, PA 19002 • 215-646-7812